

St. Thomas the Apostle School
Uniform Dress Code
2009 - 2010

St. Thomas the Apostle School requires that students follow a specific Uniform Dress Code. Compliance to the Uniform Dress Code is a condition of enrollment at St. Thomas the Apostle School. The school uniform is utilitarian and basic. As a Catholic school, St. Thomas promotes modesty in dress and appearance. All school clothing is to be clean and free of holes, frays, tears, or tatters. School clothing is gender appropriate. Sources of school apparel may be found at the end of the Uniform Dress Code.

Uniform Dress Code for Grades K - 5

Shirts - Boys and girls may wear plain, dark forest green or white polo shirts or turtlenecks in solids only. Shirts may be long or short sleeved in style. Shirts must be long enough to be worn tucked in at all times so that the trouser waistband is visible. Solid white t-shirts may be worn under shirts but may not show anywhere except at the neckline. Shirts are to be loose fitting and appropriate for school. Shirts may be embroidered (available from several vendors) with the school name above the left breast.

Pants and Trousers – Boys and girls may wear solid color navy blue or khaki colored dress pants/trousers in a classic cut. Pants may be made of cotton blends, corduroy, or wool. Fabrics blended with spandex are inappropriate. No patch pockets, metal studs, zippers, notched cuff, elastic around the ankles, stirrups, cuffs dragging on the floor, bell bottoms, flares, or wide legs are allowed. The pants/trousers must fit and be worn at the natural waist with the waistband resting above the hip. Pants and trousers are to be loose fitting and appropriate for school.

Shorts – Boys and girls may wear navy blue or khaki walking/dress shorts of the same material and design as the pants and trousers as described above. The shorts are to be an appropriate knee length. Shorts may be worn from the start of the school year until October 31st and from April 15th to the end of the school year.

Skirts/Jumpers – Girls may wear solid navy blue, khaki, or Marymount plaid (available only through the Dennis Uniform Company) skirts, skorts, or jumpers. They may be made of cotton blends, corduroy, or wool. The bottoms of the skirts/jumpers may extend to an appropriate knee length. No patch pockets, metal studs, zippers, decorative embroidery, fringe or labels are allowed on any skirt or jumper.

Sweaters – Navy blue, dark forest green, or white (solid in color) sweaters in cardigan, pullover v-neck or crew neck, and vest style sweaters are acceptable. Sweaters are to be loose fitting with a mid-hip length. No decorative accent colors, manufacturer or designer labels, ruffles, zippers, piping, embroidery of any size or description are allowed. Sweaters may be embroidered with the school name above the left breast. Sweaters must be worn with a solid colored polo style shirt that meets the guidelines for shirts found above.

Stockings/Socks – Socks must be worn at all times. Socks and tights must be plain (no fancy trim, logos or visible signature label marks) and of a solid color in white, navy or black. Socks must be visible above the top of the shoe. Leggings and thigh highs are not acceptable.

Belts – Belts are not required at grades K - 3. Belts are required at grades 4 and 5 must be either black or brown plain leather (includes woven leather belts) with a plain, unadorned buckle.

Shoes – Shoes are to compliment the uniform rather than detract from it. **Plain leather dress shoes (low heels only) or athletic shoes in a solid color (no contrasting stitching or contrasting logos) of brown, black, white, or navy blue are acceptable.** Bright, gaudy, or distracting colors for shoe laces are to be avoided. Shoes must have a closed heel and toe. No sandals, clogs, or ballerina slippers are allowed. Since children participate in recess activities, shoes must be firmly secure on the foot and must be kept tied, buckled or fastened for safety. (An example of an appropriate shoe style for girls is a Mary Jane style shoe.) Shoes with laces must be tied tight with the tied bow showing on the upper tongue area of the shoe. Outdoor snow boots or other styles of boots are not permitted for indoor wear. Shoe jewelry, frayed shoes, shoes with wheels, and shoes with flashing lights are inappropriate for school.

Other Regulations

Boys – A watch, ring, and a cross or medal on a metal chain are acceptable. No earrings are allowed. Hair is to be well groomed and styled with the sides no longer than the bottom of the ear, the back cut in a manner that no hair falls onto the shirt collar, and bangs must be cut above the eye brow. Fads, extreme styles, unnatural colors, tails, or designs shaved into the hair are not permitted. No hats/caps are to be worn in the school building.

Girls – A watch, ring, small ear rings (no dangles or hoops), and a cross or medal on a metal chain are acceptable. Hair adornment (limited to solid colors in forest green, navy blue, black, brown, white or Marymount plaid) is to complement the uniform rather than detract from it and may not include long, flowing ribbons or bands. Hair should be well groomed. Bangs must be either cut above the eye brow or pulled back so that the bangs do not cover any part of the eyes. Extreme or fad hair styles (including corn row braided hair with beads or other ornamental items) or unnatural hair colors are not permitted. Make-up, including lip gloss and nail polish, is prohibited at grades K – 5.

Contact Lenses – Special effect contact lenses, including halogen lenses, are not appropriate for school wear.

Gym Wear – Required to Participate in Gym Classes

Grades Kindergarten – 2nd – Students in these grades are to come to school dressed for gym to save valuable instructional time that would otherwise be spent on changing in and out of gym wear to regular clothing. It is imperative that students be dressed properly for gym class to ensure safety and freedom of movement during gym activities. Students are to wear gym shoes and socks.

1. Students are to wear gym shoes and socks. The gym shoes (following the same guidelines as established for athletic shoes in uniform/dress code) must be used only for gym and not worn as street shoes. Please avoid gym shoes with black or dark soles that leave marks on the gym floor.
2. Maroon or gold short sleeved solid t-shirts with no printing or design except the St. Thomas insignia, if desired.
3. Maroon or gold shorts
4. Students may wear sweat pants and sweatshirts instead of shorts in cooler weather. The sweat pants may be maroon, gold or gray.
5. All gym clothing is to have some type of student name or identification on the inside of the clothing.
6. Students not in proper gym clothes participate in gym class but will receive an “F” grade for the day

Grades 3rd – 5th – Students will be required to change clothes for gym class. Students are to wear gym shoes and socks.

1. Students are to wear gym shoes and socks. The gym shoes (following the same guidelines as established for athletic shoes in uniform/dress code) must be used only for gym and not worn as street shoes. Please avoid gym shoes with black or dark soles that leave marks on the gym floor.
2. Maroon or gold short sleeved solid t-shirts with no printing or design except the St. Thomas insignia, is desired.
3. Maroon or gold shorts
4. Students may wear sweat pants instead of shorts in cooler weather. The sweat pants may be maroon, gold or gray.
5. All gym clothing is to have some type of student name or identification on the inside of the clothing.
6. Students not in proper gym clothes participate in gym class but will receive an “F” grade for the day

Girls Uniform Dress Code for Grades 6 – 8

Shirts - Girls may wear plain, dark forest green or white polo shirts in solids only. An additional shirt option for middle school students is a black polo shirt with a school monogram on the sleeve. (This shirt is available only by special order through the school office for \$18.) Shirts may be long or short sleeved in style. Shirts must be long enough to be worn tucked in at all times so that the pant waistband is visible. Solid white t-shirts may be worn under shirts but may not show anywhere except at the neckline. Shirts are to be loose fitting and appropriate for school. Shirts may be embroidered (available from several vendors) with the school name above the left breast.

Pants – Girls may wear solid color navy blue or khaki colored dress pants in a classic cut. Pants may be made of cotton blends, corduroy, or wool. Fabrics blended with spandex are inappropriate. No patch pockets, metal studs, zippers, notched cuff, elastic around the ankles, stirrups, cuffs dragging on the floor, bell bottoms, flares, or wide legs are allowed. The pants must fit and be worn at the natural waist with the waistband resting above the hip. Pants are to be loose fitting and appropriate for school.

Shorts – Girls may wear navy blue or khaki walking/dress shorts of the same material and design as the pants described above. The bottom of the shorts must be no shorter than two inches from the floor when the student is kneeling on the floor and may not extend more than two inches below the knee. Shorts may be worn from the start of the school year until October 31st and from April 15th to the end of the school year.

Skirts/Jumpers – Girls may wear solid navy blue, khaki, or Marymount plaid (available only from Dennis Uniform Company) skirts, shorts, or jumpers. They may be made of cotton blends, corduroy, or wool. The bottoms of the skirts/jumpers may extend to a length no shorter than five inches from the floor when the student is kneeling on the floor. No patch pockets, metal studs, zippers, decorative embroidery, fringe or labels are allowed on any skirt or jumper.

Sweaters – Navy blue, dark forest green, or white (solid in color) sweaters in cardigan, pullover v-neck or crew neck, and vest style sweaters are acceptable. Sweaters are to be loose fitting with a mid-hip length. No decorative accent colors, manufacturer or designer labels, ruffles, zippers, piping, embroidery of any size or description are allowed. Sweaters may be embroidered with the school name above the left breast. Sweaters must be worn with a solid colored polo style shirt that meets the guidelines for shirts found above.

St. Thomas Windbreaker – Students in the Middle School, grades 6, 7, and 8, may wear the St. Thomas windbreaker (maroon with lettering) in place of a sweater. The windbreaker must be ordered through the school office. This item is limited to Middle School students.

Stockings/Socks – Socks must be worn at all times. Socks and tights must be plain (no logos or visible signature label marks) and of a solid color in white, navy or black. Socks must be visible above the top of the shoe. Leggings and thigh highs are not acceptable. Girls in grades 6 – 8 may wear flesh colored pantyhose.

Belts – Belts are required to be worn with pants and shorts. Belts must be either black or brown plain leather (includes a woven leather belt) with a plain, unadorned buckle.

Shoes – Shoes are to compliment the uniform rather than detract from it. **Plain leather dress shoes (low heels only) or athletic shoes in a solid color (no contrasting stitching or contrasting logos) of brown, black, white, or navy blue are acceptable.** Bright, gaudy, or distracting colors for shoe laces are to be avoided. Shoes must have a closed heel and toe. No sandals, clogs, or boots of any style are allowed. Shoes must be kept tied, buckled or fastened for safety. Shoes with laces must be tied tight with the tied bow showing on the upper tongue area of the shoe. Shoe jewelry is not allowed.

Other Regulations

Jewelry – A watch, ring, small ear rings (no dangles or hoops and limited to one ear ring per ear lobe), and a cross or religious medal on a metal chain are acceptable.

Hair - Hair adornment (limited to solid colors in forest green, navy blue, black, brown, white or Marymount plaid) is to complement the uniform rather than detract from it and may not include long, flowing ribbons or bands. Bangs must be either cut above the eye brow or pulled back so that the bangs do not cover any part of the eyes. No extreme or fad hair styles (including corn row braided hair with beads or other ornamental items) or unnatural hair colors will be permitted.

Make-Up – Girls in grades 6 – 8 may choose to wear clear lip gloss. No other make up, including nail polish and artificial nails, is permissible for school.

Contact Lenses – Special effect contact lenses, including halogen lenses, are not appropriate for school wear.

Gym Wear – Required to Participate in Gym Classes

Students are required to change clothes for gym class.

1. Students are to wear gym shoes and socks. The gym shoes (following the same guidelines as established for athletic shoes in uniform/dress code) must be used only for gym and not worn as street shoes. Please avoid gym shoes with black or dark soles that leave marks on the gym floor.
2. The gym shoes must be used only for gym and not worn as street shoes.
3. Maroon or gold short sleeved solid t-shirts with no printing or design except the St. Thomas insignia, if desired.
4. Maroon or gold shorts
5. Students may wear sweat pants instead of shorts in cooler weather. The sweat pants may be maroon, gold or gray.
6. All gym clothing is to have some type of student name or identification on the inside of the clothing.
7. Students not in proper gym clothes participate in gym class but will receive an “F” grade for the day

Boys Uniform Dress Code for Grades 6 – 8

Shirts - Boys may wear plain, dark forest green or white polo shirts in solids only. An additional shirt option for middle school students is a black polo shirt with a school monogram on the sleeve. (This shirt is available only by special order through the school office for \$18.) Shirts may be long or short sleeved in style. Shirts must be long enough to be worn tucked in at all times

so that the trouser waistband is visible. Solid white t-shirts may be worn under shirts but may not show anywhere except at the neckline. Shirts are to be loose fitting and appropriate for school. Shirts may be embroidered (available from several vendors) with the school name above the left breast.

Trousers – Boys may wear solid color navy blue or khaki colored dress trousers. Trousers may be made of cotton blends, corduroy, or wool. Fabrics blended with spandex are inappropriate. No patch pockets, metal studs, zippers, notched cuff, elastic around the ankles, stirrups, cuffs dragging on the floor, bell bottoms, flares, or wide legs are allowed. The trousers must fit and be worn at the natural waist with the waistband resting above the hip. Trousers are to be loose fitting and appropriate for school.

Shorts – Boys may wear navy blue or khaki walking/dress shorts of the same material and design as the trousers described above. Shorts must be no shorter than two inches from the floor when the student is kneeling on the floor and may not extend more than two inches below the knee.. Shorts may be worn from the start of the school year until October 31st and from April 15th to the end of the school year.

Sweaters – Navy blue, dark forest green, or white (solid in color) sweaters in cardigan, pullover v-neck or crew neck, and vest style sweaters are acceptable. Sweaters are to be loose fitting with a mid-hip length. No decorative accent colors, manufacturer or designer labels, zippers, piping, embroidery of any size or description is allowed. Sweaters may be embroidered with the school name above the left breast. Sweaters must be worn with a solid colored polo style shirt that meets the guidelines for shirts found above.

St. Thomas Windbreaker – Students in the Middle School, grades 6, 7, and 8, may wear the St. Thomas windbreaker (maroon with lettering) in place of a sweater. The windbreaker must be ordered through the school office. This item is limited to Middle School students.

Stockings/Socks – Socks must be worn at all times. Socks must be plain (no logos or visible signature label marks) and of a solid color in white, navy or black. Socks must be visible above the shoe.

Belts – Belts are required for boys. Belts must be either black or brown plain leather (includes a woven leather belt) with a plain, unadorned buckle.

Shoes – Shoes are to compliment the uniform rather than detract from it. **Plain leather dress shoes or athletic shoes in a solid color (no contrasting stitching or contrasting logos) of brown, navy, white, or black are acceptable.** Bright, gaudy, or distracting colors for shoe laces are to be avoided. Shoes must have a closed heel and toe. No sandals, clogs, or boots of any style are allowed. Shoes must be kept tied, buckled or fastened. Shoes with laces must be tied tight with the bow showing on the upper tongue area of the shoe.

Other Regulations

Jewelry– A watch, ring and jewelry of a religious nature (cross or medal on a metal chain) are acceptable. No earrings are allowed for boys.

Hair - Hair is to be well groomed and styled with the sides no longer than the bottom of the ear, the back cut in a manner that no hair falls onto the shirt collar, and bangs must be cut above the eye brow. Fads, extreme styles, unnatural colors, tails, or designs shaved into the hair are not permitted at school. Boys must be clean shaven.

Contact Lenses – Special effect contact lenses, including halogen lenses, are not appropriate for school wear.

Gym Wear – Required to Participate in Gym Classes

Students are required to change clothes for gym class.

1. Students are to wear gym shoes and socks. The gym shoes (following the same guidelines as established for athletic shoes in uniform/dress code) must be used only for gym and not worn as street shoes. Please avoid gym shoes with black or dark soles that leave marks on the gym floor.
2. The gym shoes must be used only for gym and not worn as street shoes.
3. Maroon or gold short sleeved solid t-shirts with no printing or design except the St. Thomas insignia, if desired.
4. Maroon or gold shorts
5. Students may wear sweat pants instead of shorts in cooler weather. The sweat pants may be maroon, gold or gray.
6. All gym clothing is to have some type of student name or identification on the inside of the clothing.
7. Students not in proper gym clothes participate in gym class but will receive an “F” grade for the day

Dress Code Violations – Following the Uniform Dress Code is a condition of enrollment at St. Thomas the Apostle School. Violations of the dress code are treated as willful acts of disobedience.

The following steps are included in the dress code violations procedure:

- 1st Violation - Written notice is sent to the parents to be signed and returned to school.
- 2nd Violation – Written notice is sent home and student is advised of the consequences of a third violation.
- 3rd Violation – Student meets with principal, a written notice is sent home, and the student receives a lunch detention.
- 4th Violation – Student meets with the principal, a written notice is sent home, and the student receives two lunch detentions.
- 5th Violation – Student is withdrawn from school.

At the beginning of each trimester, the student starts with a clean slate.

The school administration and teaching staff have the final determination as to the appropriateness of clothing and/or other regulations listed under the Uniform Dress Code.

Sources of Appropriate School Clothing - School apparel may be purchased from the following alternatives. Each of these alternatives provides a green shirt that meets the St. Thomas color requirements.

1. J. C. Penney Uniforms
1. Dennis Uniform Company
2. Lands End – Classic cut
3. French Toast Uniform Company

05/15/09